

## MAY NEWSLETTER 2021

‘As full of spirit as the month of May, and as gorgeous as the sun in Midsummer.’

William Shakespeare

The month of May brought with it all the action and gusto for intra and inter school activities. It was indeed a month of more international collaborations and co-scholastic action.

### SESSION BY NUTRITIONIST, MS. SHRADHA KHANDELWAL

An enriching virtual session was conducted by the nutritionist, Ms. Shradha Khandelwal. It reiterated the benefits and importance of a healthy and balanced diet, shared the impact of consuming large amount of junk food, on their body. She also talked about the importance of physical exercises and encouraged the children to spend at least one hour everyday playing any sport or doing exercises/yoga for a healthy body and mind.



### SESSION BY OPHTHALMOLOGIST

Virtual teaching-learning sessions require more screen time than usual and hence, the school organised an enriching session by an ophthalmologist, Dr, Shagun Sood, for parents and students. She gave valuable advice on home remedies for general eye care, good body posture for study and suggested some beneficial eye exercises.



**From cradle to PC**

Category	Percentage
At what age did you introduce your child to a PC device?	15%, 41%, 7%
Students use PC to learn beyond what is taught in the classroom	72%
Students in Tier 4 towns use PCs to manage their classroom	78%
Students in Tier 4 towns used PC for gaming	57%
Students in Tier 1 cities used PC for gaming	65%

**Help For Dry Eyes**

- BREAK TIME!
- 20-20-20 rule
- FLASHING LIGHTS
- SLEEPING HABITS
- FRESH AIR CAN MAKE YOU HAPPIER!

# LABOUR DAY CELEBRATION

Suncitizens enthusiastically celebrated **Labour Day** and appreciated the services of all those people who help to make their life easier. Students made beautiful cards for doctors, domestic helps, security guards and gave out small gifts to show their appreciation to all the helpers of the society.



International Worker's Day

PRISHA THUKRAL

S

RISHITA NAIDU

"THEY SHALL NOT LABOR IN VAIN, FOR THEY ARE THE SEED OF THE BLESSED OF THE LORD."

PRISHA THUKRAL

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PRISHA THUKRAL

Thought for the day

A man is not paid for having a head and hands But for using them

PRISHA THUKRAL

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RISHITA NAIDU

"WHATEVER YOU DO, WORK AT IT WITH ALL YOUR HEART AS WORKING FOR THE LORD, NOT FOR MEN."

PRISHA THUKRAL

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PRISHA THUKRAL

A prayer for International Worker's Day

Lord on this Worker's Day, we thank you for the blessing of work. We ask for strength to complete each day. We ask for rest when we are weary. We ask your guidance for everyone seeking employment, and we ask that You be with those faces we might never see but who work tirelessly each day for the good of us all Amen

PRISHA THUKRAL

S

RISHITA NAIDU



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PRISHA THUKRAL Tuesday 22:21  
Good Evening ma'am  
This is my labour day card.



1

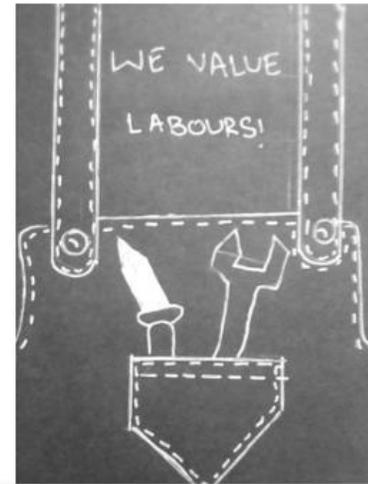
PRIYANSHI GUPTA Monday 17:01



Ma'am this is my Labour Day card

1

Anahita Jain 10:34



KG

KAASHVI GUPTA 10:32

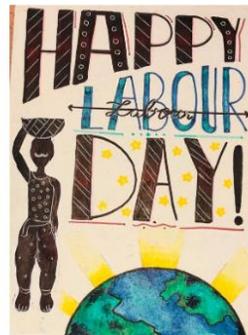


HEERAL VERMA Chat 3 more +



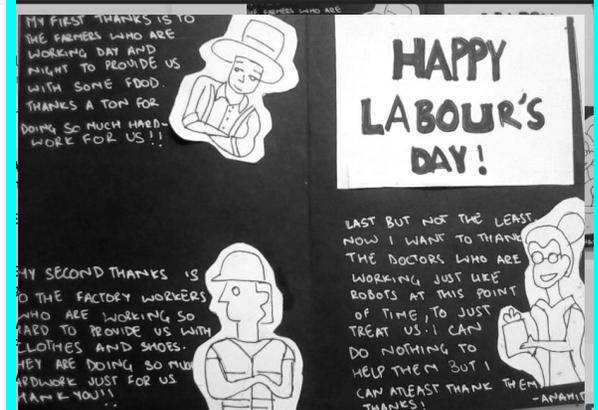
HEERAL VERMA Chat 3 more +

ma am this is my labour day card



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MAHIKA PARAKH 10:17



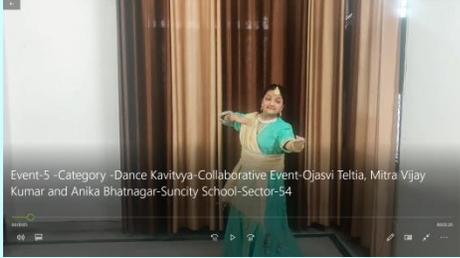
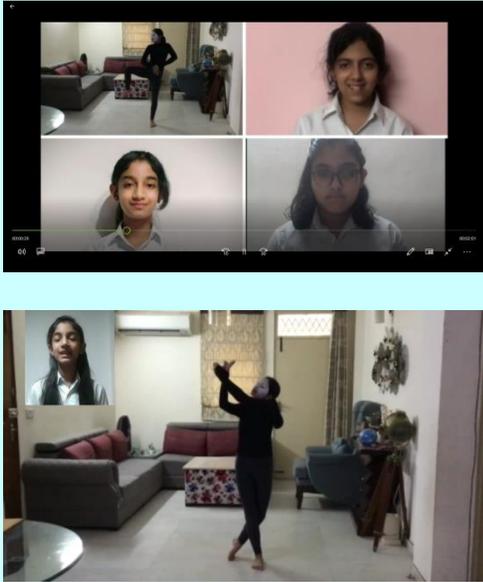
## GPSC GOONJ- AN ONLINE INTERNATIONAL CULTURAL FEST 2021

Suncity School participated in the Online Cultural Fest-2021 organized by DPS School. The theme of the fest 'BhooME... as you thrive so shall we' was a clarion call for a harmonious co-existence between man and nature. The teams participated in various events. The event culminated on 8 May 2021 with the announcement of several accolades.



Suncitizens won many certificates of High commendation and Appreciation.

S No.	CATEGORY	NAMES OF PARTICIPANTS & THEIR CLASSES	ACCOLADES RECEIVED	DETAILS/ACTIVITIES
1	DOODLE/ART/OFFLINE	Anaya Taneja VIII-D	APPRECIATION CERTIFICATE	
2	MOBILE GAMES ILLUSTRATION/ART/OFFLINE	Siddhant Bhartiya VI-C Soham Grover VI-D	HIGH COMMENDATION CERTIFICATE	

3	<b>SELF CARICATURE /ART/ONLINE</b>	Preksha Gupta IX-D	APPRECIATION CERTIFICATE	Online events
4	<b>A PICTURE IS WORTH THOUSAND WORDS/ART/ ONLINE</b>	Kavin Suchdev VI-H	HIGH COMMENDATION CERTIFICATE	Online events
5	<b>KAVITVYA/DA NCE/OFFLINE</b>	Ojasvi Teltia VI-C Anika Bhatnagar VI-A Mitra Vijaykumar VI-C	APPRECIATION CERTIFICATE	
6	<b>DHWANIMUSI C/OFFLINE</b>	Vocals: Ananya Shrikant VIII G Aanya Dahuja VIII C Zoya Sharan VIII G Mime: Advikk Narang VIII E Palakshi Singh IX A	HIGH COMMENDATION CERTIFICATE	

7	<b>SHUTTER SURPRISE/PHO TOGRAPHY/OF FLINE</b>	Lakshya Kapoor IX C	HIGH COMMENDATION CERTIFICATE	
8	<b>CINEMATIC WONDERSFIL M MAKING/OFFL INE</b>	Shunyansh Thapa VIII C	HIGH COMMENDATION CERTIFICATE	 <p>a movie by Shunyansh</p>

## SUNCITY SCHOOL GOES TO POLLS

**The Student Council Virtual Election** procedure was meticulously conducted in the first phase. The first phase was executed through application forms for the posts of student council which were uploaded on TEAMS. The shortlisted candidates of elected posts had sent the link of their campaign videos which were shared with all the students. The students of Grades VIII- XII filled the online ballot papers on TEAMS. The Primary students elected for the Junior Student Council. On the basis of votes, candidates for each post were shortlisted for the interview round. The virtual interviews were conducted by a Panel and the first phase of the Student Council Election was completed.

### **STUDENT COUNCIL FIRST PHASE ACADEMIC SESSION 2021-22**

<b>POST</b>	<b>NAME OF THE CANDIDATE</b>
<b>HEAD BOY</b>	<b>ARYAN SETHI</b>
<b>HEAD GIRL</b>	<b>DIYA BHATNAGAR</b>
<b>SANSKAAR SAMRIDH</b>	<ul style="list-style-type: none"><li>• ANANYA SETHIA</li><li>• VAJR BANERJI</li></ul>
<b>SPORTS CAPTAIN (BOYS)</b>	<b>ADITYA KATHANE</b>
<b>SPORTS CAPTAIN (GIRLS)</b>	<b>RINAAYA DUGGAL</b>
<b>HOUSE CAPTAINS</b> <ul style="list-style-type: none"><li>• ARCTIC</li><li>• ATLANTIC</li><li>• INDIAN</li><li>• PACIFIC</li></ul>	<ul style="list-style-type: none"><li>• PRANYA SEHGAL</li><li>• RITTIKA DE</li><li>• JIYA AGGARWAL</li><li>• SAKSHAM DIWAN</li></ul>
<b>MUN SECRETARY</b>	<b>RIYANSHI GAMBHIR</b>
<b>IT HEAD</b>	<b>GAURI GUJRAL</b>
<b>CULTURAL HEAD</b>	<b>PRISHA GUPTA</b>
<b>CULTURAL SECRETARY</b>	<ul style="list-style-type: none"><li>• SAHIL CHOUDHARY</li><li>• SARA MANCHANDA</li></ul>
<b>JUNIOR HEAD BOY</b>	<b>KAVIN SUCHDEV</b>
<b>JUNIOR HEAD GIRL</b>	<b>PIIHU KAUSHIK</b>
<b>JUNIOR SANSKAR SAMRIDDH</b>	<b>ANIKA BHATNAGAR</b>

## VIDEO CONFERENCE BETWEEN SUNCITY SCHOOL AND TRARALGON COLLEGE, AUSTRALIA



In our continuous aspiration of being partners of a hugely successful and enriching BRIDGE Australia-India partnership, Partnered Schools, Traralgon College and Suncity School had their first virtual video conference today. The objective was to carry forward the Partnership Establishment Session activity and get ready for the Design Sprint by involving the core pillars of the partnership-students and educators in the creative and constructive setting of BRIDGE.

Our first virtual video conference was held on 13 May 2021 with students of Grade VII-VIII. Ten to fifteen students from each school participated in this meaningful and interactive session. Pulkit Agarwal, Vedant Dhingra, Anaya Taneja, Anahita Jain, Kaashvi Gupta, Mahika Parakh, Srijan Seshadri, Heeral Verma, Aditveer Bhayana, Rishika Bhatia, Prisha Thukral, Ananya Vishwanathan and Rishita Naidu participated proactively and engaged in meaningful dialogue in the session. The session was moderated by the BRIDGE Partner Educators from both schools, Daniel McCaughey and Sapna Bakshi.

A precursor to the video conference was a virtual meeting between both partner schools' educators to brainstorm about the different SDGs and shortlist two SDGs on mutual agreement based on their immediate relevance in our communities. Our discussion led us to come up with a brainwave of involving the students themselves to choose one on a common consensus after a video conference discussion. We drafted the agenda and discussion prompts to conduct the video conference effectively.

The agenda of the video conference was to commence the partnership formally through an icebreaker session. This led to students discussing about themselves, their cities and communities. The students were then engaged in an engrossing discussion on SDG 11, sustainable cities and communities as well as SDG 3, Good Health and well-being. This would enable them to finalise on their first SDG related project in the BRIDGE Partnership.

The students communicated their perspectives and experiences freely and extended clarity in their understanding of their communities in these unprecedented times. They reflected on the relevance of these SDGs and shared some wonderful examples from experiences. They opened windows of understanding into each other's cultures and communities.

During the reflection session, the students unanimously zeroed on SDG 3, Good Health and Well-being as the one closest to their heart and mind as their first partnership project goal.

It was heart-warming to note that Traralgon students had stayed back in school post school hours to be a part of the experience and the Suncity Students had logged in on a holiday due to Eid. One of the students of Suncity School emotionally remarked, **"I felt I was looking into the future when I saw the Traralgon students in their school campus, in classrooms, I became nostalgic that we too had to join our school On-Campus on 5th April 2021, after a year of being homebound, but couldn't due to the second wave! The interaction gave me positive hope that we will soon get there, and all this will be behind us."**





HEERAL VERMA



Daniel McCaughey



RISHITA NAIDU



ADITVEER BHAYANA



PULKIT AGARWAL



VEDANT DHINGRA



MAHIKA PARAKH



SRIJAN SESHADRI



KAASHVI GUPTA



Anahita Jain



RISHIKA BHATIA



PRISHA THUKRAL



ANANYA VISHWANATHAN



ANAYA TANEJA



Sapna



KAASHVI GUPTA



RISHIKA BHATIA



MAHIKA PARAKH



Recording has started. This meeting is being recorded. By joining, you are giving consent fo...

Dismiss

ANAYA TANEJA

Daniel McCaughey

HEERAL VERMA

RISHIKA BHATIA

VEDANT DHINGRA

KLASHVI GUPTA

SRIJAN SESHADRI

PURKIT AGARWAL

PRISHA THUKRAL

Sapna

Anahita Jain



Daniel McCaughey



## MOTHER'S DAY CELEBRATION

“Of all the gifts life has to offer, mother is the greatest of them all.” The virtual celebration of Mother’s Day on 14 May 2021 was a genuine display of this emotion and an apt presentation of the expression of gratitude towards mothers.

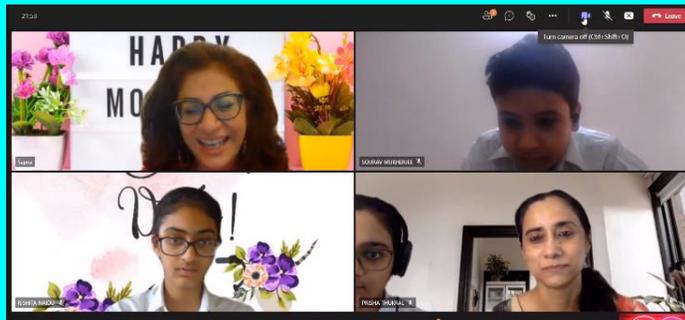
The programme commenced with Matrivandana followed by the Head Girl, Diya Bhatnagar’s welcome speech who requested the Director Mrs. Rupa Chakravarty to address the Suncitizens. In her address, she emphasized on the importance of the role played by parents in a child’s life and how the child should support the parents when the time arrives. She also highlighted the importance of mother nature and how we must protect it to hand it over to the future generations.

The heart touching rendition ‘Punarutthan’ enraptured the audience. A mother’s role is not limited to only loving her children but also showing them the right path. ‘Matritwa’ was the depiction of mother’s role displayed through the well synchronized moves of the dancers. The poetry by tiny tots interspersed in between various performances charmed the audience

‘Aamee’ was yet another demonstration of what a mother does and how her roles cannot be showcased even in innumerable expressions. Her job as a mother is incessant.

The programme was a display of the students’ love, gratitude and sense of appreciation for their mothers. It concluded with a gratitude note presented by the Head Boy, Aaryan Sethi.



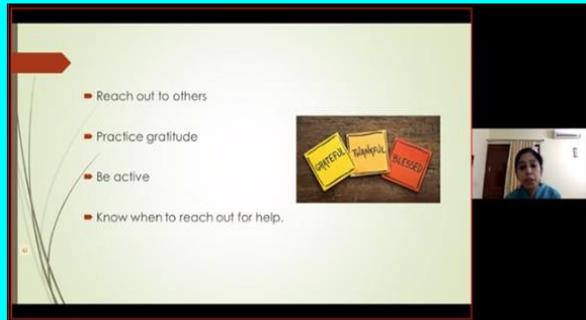
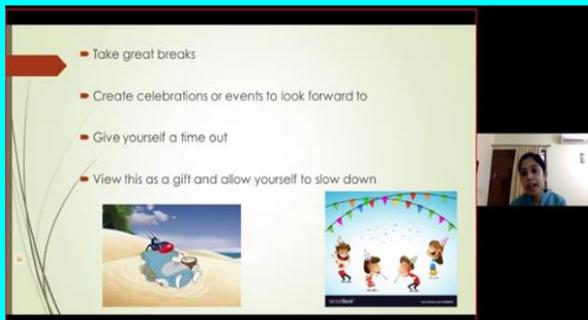
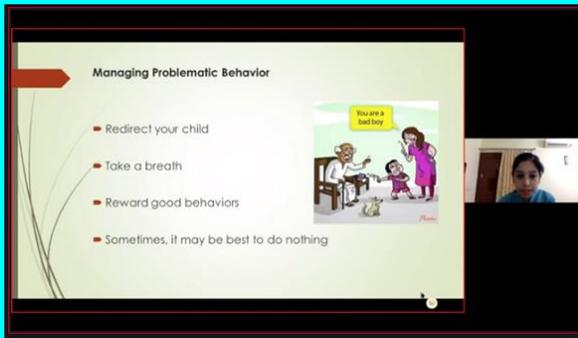
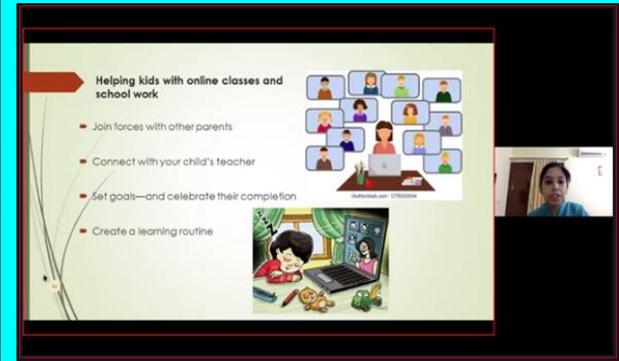
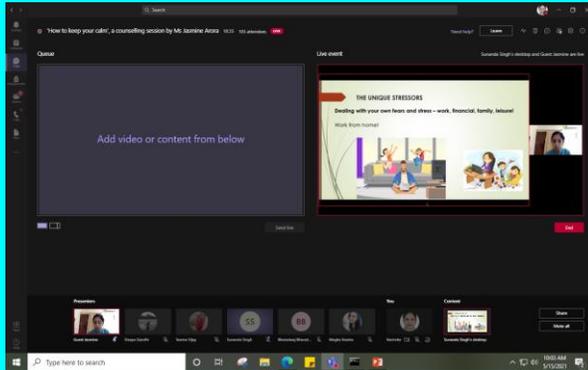


# SESSION BY CLINICAL PSYCHOLOGIST- 'HOW TO KEEP OUR CALM'

*"We are all navigating a storm, but not in the same boat. The waves may overturn yours, while gently rocking mine"*



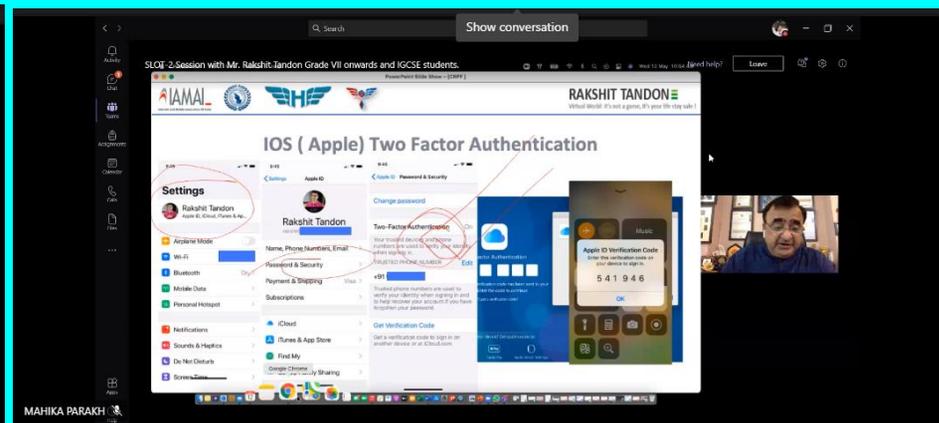
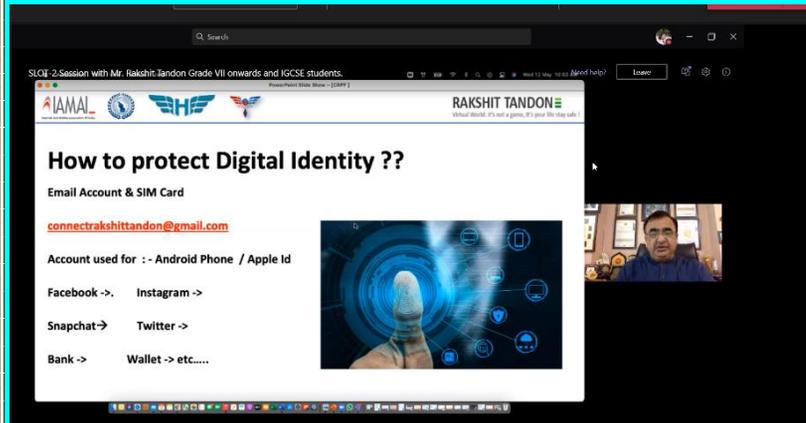
Keeping in mind today's scenario of the pandemic, the need of the hour is to have our family members safe and our children to be strong, physically and emotionally. A counselling session with Ms. Jasmine Arora, Clinical Psychologist, was organised on "How to keep our calm".



Ms. Arora shared the 3 Cs which were Care, Caution and Compassion. While managing all the other things we need to manage fear, disappointment, and stress all of us are going through specially our young minds. She gave a lot of activities and tips to parents to improve their relationship with kids, while keeping the boredom and the stress away. The live session was attended by students and parents.

### CYBER SECURITY SESSION BY MR. RAKSHIT TANDON

An informative session was conducted by Mr. Rakshit Tandon on 12<sup>th</sup> May 2021. Mr. Rakshit Tandon is a renowned Cyber Security Expert, and he trained the students and parents on cyber safety protocols and precautions.





## VIRTUAL INDO-FRENCH EXCHANGE VIDEO CONFERENCE

A Video Conference was conducted on 21 May between students of Lycée Oiselet, France and Suncity School, and was the culmination of a month-long research wherein both schools presented their findings on various aspects of Covid-19 in the partner school's country. It was attended by sixteen students of the French school, their teachers Madam Eglantine, Madam Béatrice and Mr. Thibaut.

Twenty-five students from Suncity school participated in the exchange from Grades IX-XI, including students from CBSE, IGCSE and IB Boards. Students presented their research on various aspects concerning the pandemic, ranging from the causalities and the different waves to the answer of the Government to the socio-economic problems, the reaction of the general public to the lockdown, and the Vaccination campaign.

The session began with the welcoming of the students and teachers of the guest school, followed by an address by the Director, Mrs Rupa Chakravarty. She welcomed the guest school and thanked them for their participation in the project. She also expressed the hope the children shall be able to meet in person next year for the exchange.

The Director's speech was followed by the research presentation of students of Lycée Oiselet, and those of Suncity School. The presentations were interspersed with questions, comments and exchange of information between the two sides, which made it a very interactive session. Both schools also discussed the similarities and the differences between the Covid situation in their own and the partner school's country. Students responded to questions about how each other coped with lockdown, and how schooling is being carried out. While the Indian students shared that they were in a completely online mode, the French students admitted that they were in a hybrid mode, where online and offline classes were being conducted in alternation. They gave their candid and different reactions to such a model, when interrogated on the same.

Both schools appreciated each other on their efforts, and the depth of the research. They expressed solidarity for the victims in both nations, and expressed a strong desire that the scourge of Covid disappears soon, so that they can meet in person the next year.

The session concluded with Madam Eglantine from Lycée Oiselet sharing her reflexions. She appreciated the research done by the Indian students, and expressed the hope that the students shall continue to remain in touch and keep interacting with each other on a personal level.

Mr. Thibaut also congratulated the Indian students on the remarkable research. The session ended with light-hearted exchanges between the students of both schools, as they opened up and felt more at ease in each other's company.

Zoom Meeting

You are viewing Prof. Gupta's screen

**French Media & Covid-19**  
Abhishek Arora, Hriday Kabir & Muktesh Tolani

Zoom Meeting

Zoom Meeting

Zoom Meeting

Zoom Meeting

You are viewing Prof. Gupta's screen

**Covid-19 casualties in France**  
By: Aaryan Singh Chadha, Tia Manchanda, Divyansh Prashar

Zoom Meeting

You are viewing Prof. Gupta's screen

- Number of People Infected: 588,137
- Number of Casualties since March 2020: 107,973
- Deaths classified by Age Group:
  - 75 years and older: 7%
  - 65-74 years: 17%
  - 45-64 years: 8%
  - 15-44 years: 0%
  - 0-14 years: 0%

Biggest Wave: 86,653 cases were reported in a single day on November 7th, 2020

Saly, Frank et al. "Estimating the Burden of SARS-CoV-2 in France." Science. American Association for the Advancement of Science 20 July 2020. www.aas.org/content/369/6529/1041

Zoom Meeting

5) Lockdown  
6) School Closure  
7) Masks  
8) Curfew

**FRANCE LOCKDOWN**

Zoom Meeting

You are viewing Prof. Gupta's screen

1) Situation  
2) Eligibility  
3) Side Effects  
4) Stock

Zoom Meeting

You are viewing Prof. Gupta's screen

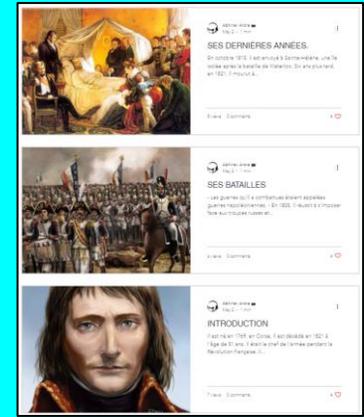
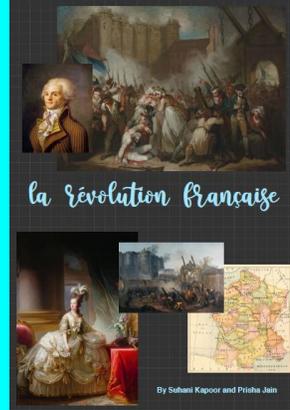
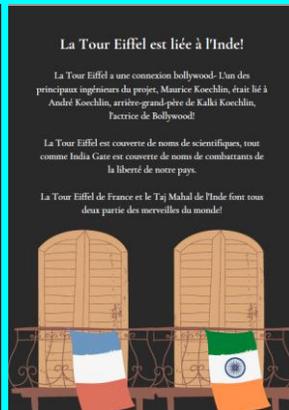
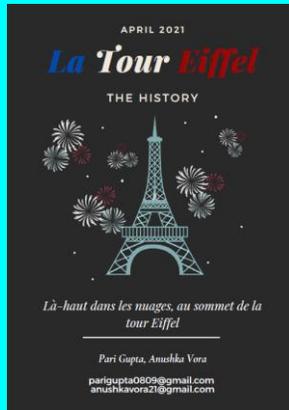
**culturebox**  
L'art de l'innovation  
L'art de l'innovation  
L'art de l'innovation

Zoom Meeting

Zoom Meeting



## Glimpses of Research papers by Lycée Oiselet students



## Glimpses of Research papers by Suncity school students

### WEBINAR ON CULTURAL DIVERSITY

A webinar was hosted by The DAIS in Association with Lawngitude – Solicitors & Advocates on the theme-Cultural Diversity. The attendees were students from Grade X, Maisha Rao, Hardik Ratnani, Ayushi Kaushal, Kushagra Gupta, Kaavya Shukla and Kanishka Ambawata

Cultural Diversity is something that helps to experience something that one hasn't experienced before, because traditions and ideas vary culture to culture. There is diversity among groups, based on age, gender, income, and cultures. It is not something that can be built, but is passed on by one's roots, it builds character, and ability to focus on the similarities rather than the differences.

The quote “Diversity is being invited to dance party, inclusion is being allowed to dance.” summed up the essence of the webinar.



## VISUAL ARTS-ONLINE GLOBAL CLASSROOM



An initiative was taken by Kohei Nakashima, an educator from Toyota Minami High School in Japan who organised ‘The Online Global Classroom’. He organised the online webinar for students and teachers from across the world focusing on SDGs.

The topic for the webinar was, ‘How can Design save the world?’ Four students from Suncity School joined the forum on 22 May 2021. Samarr Parmar, Aditya Vikram, Zaara Fatima from Grade XII and Pranya from Grade IX participated in this session.

There were representatives from Japan, Indonesia, Taiwan, Georgia, Armenia, Turkey, India, Malaysia, Vietnam, Pakistan, Mexico and Philippines. Our students participated constructively and their inputs were appreciated by everyone. Zaara and Aditya took forward the theme of Folk Art and became ambassadors of the art forms. Zaara showcased her creation inspired by Bidri Craft of Telangana. Samarr and Pranya participated and discussed the environmental impacts of design, among other things.

### SPORTS ARENA

Radhika Kotia won the 28<sup>th</sup> Rapid Swiss Open Online Tournament and is truly Suncity School’s Chess Princess!

### CONTINUOUS PROFESSIONAL DEVELOPMENT

<u>Day/ Date</u>	<u>Schedule</u>	<u>FACULTY</u>
Wednesday 19 May 2021	<b><u>‘How to stay positive in the pandemic’</u></b>  By Ms. Jyotika Bedi	PYP Teachers
Thursday 20 May 2021	<b><u>‘How to Discover and draw on your own deep character strengths to stay strong in this terrible time’</u></b>  By Family Vision	EYP, PYP and MYP Teachers

**VANGUARD-DIRECTOR, SUNCITY SCHOOLS, MRS RUPA CHAKRAVARTY**

The DAIS, along with Rana University, Kabul, Afghanistan and with Alliance for higher education support organization. Afghanistan held a webinar for implementing SDG's the sustainable development goals, designed and endorsed by the UN – United Nations. It's a 'blueprint to achieve a better and more sustainable future for all' to transform the world by 2030 on 17 May 2021 with the involvement of five countries.

As a practising school of SDGs , our Director was asked to address the students of Rana University and TAJ University Afghanistan as the key speaker along with the vice chancellors of Rana University and TAJ University, Afghanistan. There were representatives from the UN – United Nation for the webinar. The representatives were from Germany and Indonesia. It was a fruitful experience.

**Happy Summer Holidays! Stay safe and stay awesome!**